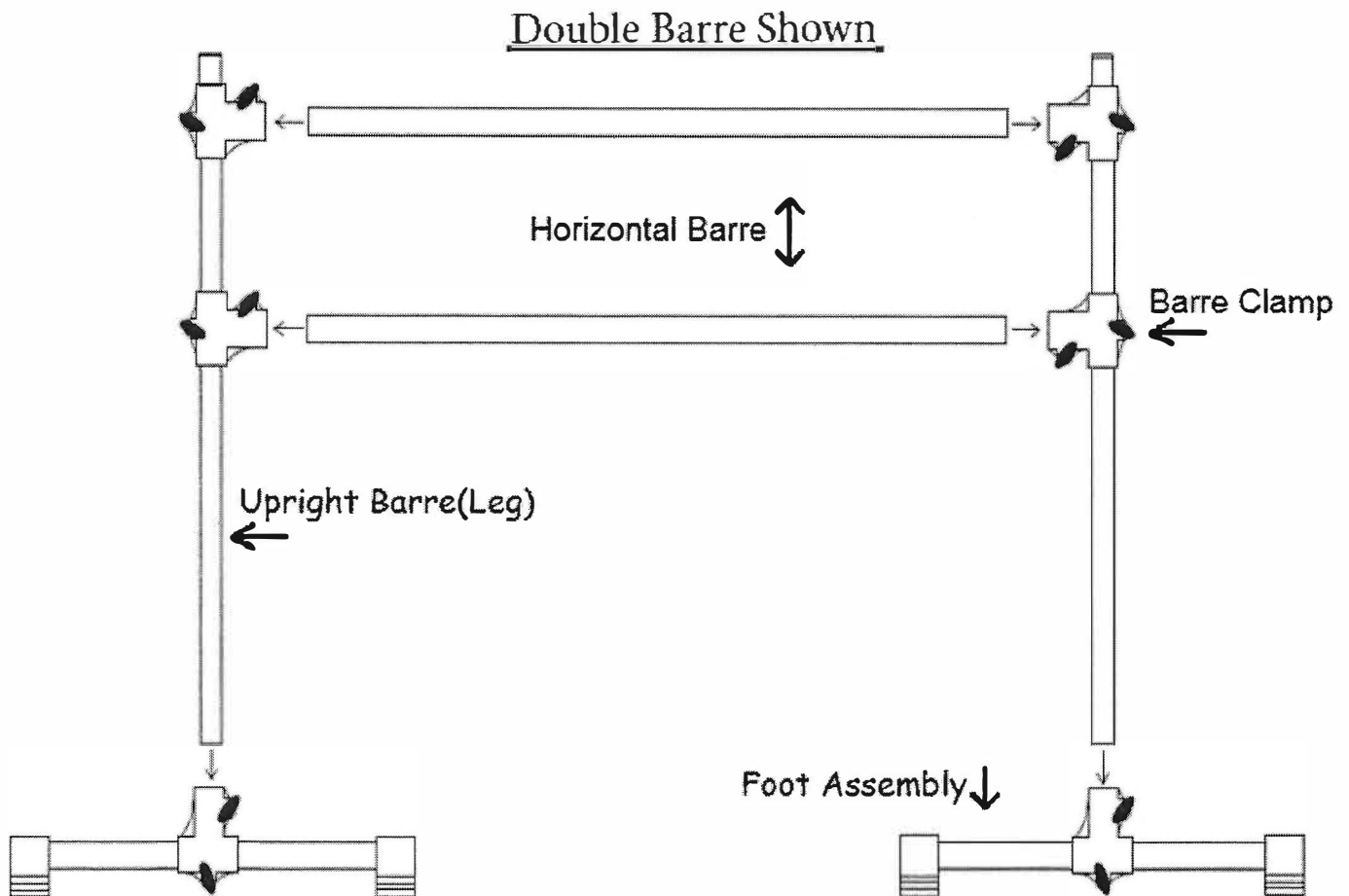




VITA BARRE

PRODIGY



- 1) Loosen the clamp knob on the foot assembly and insert the upright leg into the clamp making sure that the upright leg is vertical and centered on the foot assembly. Tighten both clamp knobs. Repeat this for both foot assemblies.
- 2) Slide one clamp (single barre) or two clamps (double barre) onto the top of each upright leg and insert the end of the horizontal barre(s) into the clamp on each side. Adjust to the desired height and tighten all clamp knobs securely.
- 3) For ease of storage, loosen the upper clamp knob at the bottom of each upright (on the foot assembly) and pivot the foot so that it is parallel with the horizontal barre.
- 4) Before each use make certain all clamps are firmly tightened.

DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita, Inc. and it's affiliates will not be liable

Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase