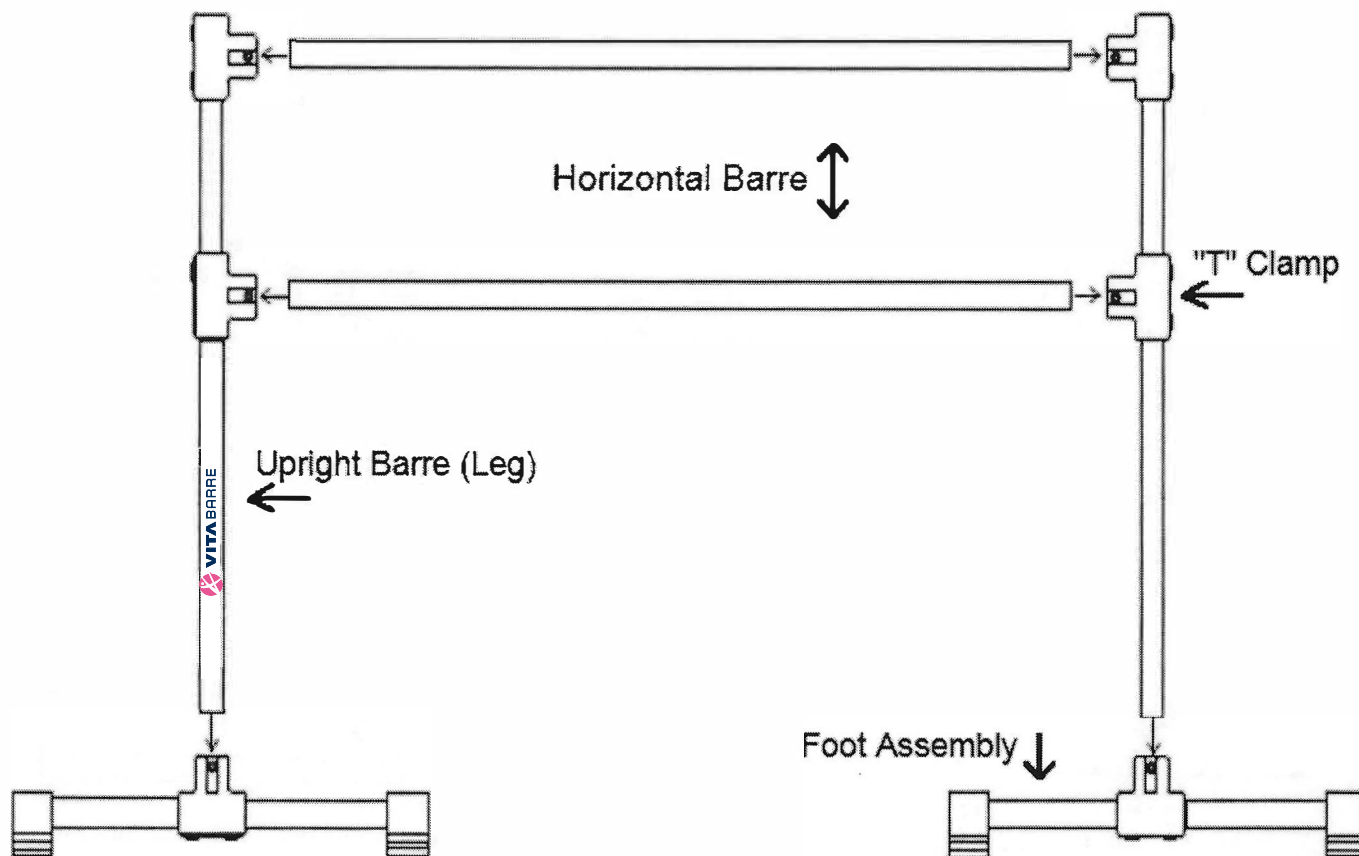




VITA BARRE



EXTREME Series

- 1) Insert the vertical bars fully into the feet assembly clamps and firmly tighten set screws with supplied tool making sure the upper barre clamps are 90 degrees of the foot assembly.
- 2) Insert the two horizontal bars into the clamps of ONE side of the vertical bars and firmly tighten the set screws with supplied tool.
- 3) Insert the two horizontal bars into the clamps on the other vertical bar and firmly tighten set screws with supplied tool. (This step may require the help of another person depending on the barre length)
- 4) Before each use make certain all set screws are securely tightened.

DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita, Inc. and it's affiliates will not be liable

Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase