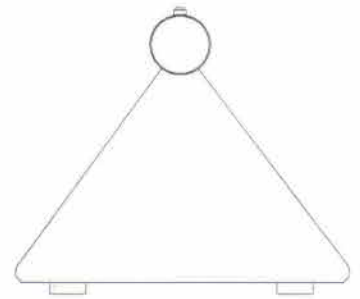
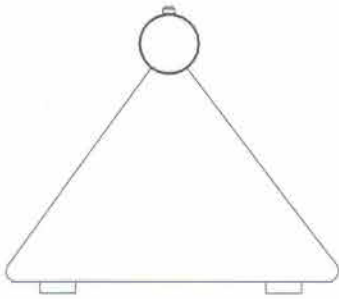
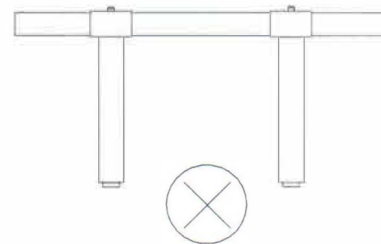




Parallettes / Pirouette Bar Assembly Guide



To Assemble: Place stands on flat level surface, slide the bar into each stand collar until you have 1/4" of bar extending beyond each collar. Push downward on bar and securely tighten set screws with supplied hex wrench.
 Note: Only tighten with supplied hex wrench. Do not use power tools as this could over tighten and damage the bar.



DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita Vibe, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment. User assumes responsibility for proper assembly, maintenance and use of this equipment.